



To whom it may concern:

is hereby excused, on medical advice, from the following:

- ☐ Alarm clocks ☐ Mondays ☐ Lunch at a desk
- ☐ Meetings that could have been emails
- ☐ Being reachable ☐ Feeling guilty about resting
- ☐ Explaining anything to anyone ☐ _____

Duration: indefinitely. **Refills:** unlimited.

The Out-of-Office Doctor

PHYSICIAN

DATE

Write her name in, photograph it for the group chat, tape it to the fridge or to a former colleague. From the book *Doctor's Orders: Enjoy Your Retirement*; printed from fakeformcompany.com/retirement.